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Mrs D L Thompson
Headteacher

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Dear Parents/Carers

Is my child too ill for school?

The purpose of this letter is to provide information about when to keep your child home from school. Children should not come to school when they're contagious to others, when they have a fever, or when they're too sick to learn. Childhood illnesses are spread easily when children are in close contact in the school environment.

Not every illness needs to keep your child from school; a minor cough or cold, minor headache or sore throat should not prevent your child from coming to lessons.

Skin rashes can be the first sign of many infectious illnesses, such as chickenpox and measles. Children with these conditions shouldn't attend school. If your child has a rash, check with your GP or practice nurse before sending them to school.

However, children with vomiting and diarrhoea should be kept off school and we are advising that they stay off school until at least 48 hours after their symptoms have gone. Keeping your child away will help prevent conditions being passed on to other school children and staff. See www.nhs.uk/Livewell/Yourchildatschool/Pages/Illness which gives detailed advice and guidelines for common conditions.

As a parent/carer you can help your children stay healthy by asking them to follow these rules:

- Throw away used tissues
- Wash hands frequently with soap and water
- Don't share drinks
- Don't share food

We hope with your co-operation that we can reduce the amount of time off the children have with upset stomachs and sickness.

Yours sincerely

D L Thompson

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