

## Govilon Clothing/Kit List

The Govilon Activity Centre has extensive stores and will provide all necessary specialist equipment. This includes a waterproof jacket & trousers, small rucksack, walking boots and/or Wellingtons. There is no need to purchase any specialist items, however, should you have your own equipment, feel free to bring it.

Please remember that clothing used on the residential course may/will get wet and dirty so older things are preferable.

The following items are suggested as the **minimum** for the course:

- 2 sets of clothes and shoes to travel in (also for indoor wear at Centre)
- Sleeping bag
- Pillow case cover (Pillows are provided by the Centre)
- Pyjamas or bed clothes
- Slippers (or indoor shoes)
- Teddy/ comforter for night
- 2 Large Towels (one for the waterfall walk)
- Wash kit and toiletries (**NO AEROSOLS/ PERFUME**)
- Lunch in a plastic bag, including drinks for the first day (to be carried onto the coach)
- Reading Book
- Torch and spare batteries (only if you have one)
- 2 pairs of old trainers or shoes
- Jacket /Coat
- 4-pairs trousers for activities (not jeans - tracksuit / jogging bottoms are ideal)
- 2 pairs of warm hat and gloves
- 4-Tee shirts (can be long-sleeved)
- 4-sweaters/sweatshirts/fleece tops
- Underwear (enough for several changes)
- 5-pairs socks minimum (trainer socks are not suitable for any activities)
- Thermal Underwear (winter)
- 3 Black Bin Bags
- Postcard with a stamp on
- Disposable camera (optional)

**All belongings need to be labelled with the owner's name.** Luggage should be packed into one bag or suitcase. Sleeping bags may be separate and should also be labelled. Please compress the sleeping bag to as small a size as possible as this helps when loading into the coach. Seasonal variation- the kit list is a standard basic minimum. For courses during the colder part of the year, it would be advised to put in extra warm clothing, extra gloves etc.

Electrical items such as mobile phones, MP3 players, digital cameras and electronic games are not allowed. Jewellery should not be worn, including watches (staff will wake the children). Additional food should not be packed- the children are fed extremely well at the Centre.