



PSHE/RSE

Intent, Implementation and Impact Statement



INTENT

St. Andrew's CEVA Primary's PSHE/RSE scheme of work aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. Our curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

St. Andrew's CEVA Primary's PSHE/RSE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. Our scheme covers wider PSHE learning, in line with the requirement of the National curriculum (2014) that schools 'should make provision for personal, social, health and economic education (PSHE).' Our scheme contributes to the children's personal development as set out in the Ofsted Inspection Framework and promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty.

At St. Andrew's CEVA Primary, quality PSHE and RSE teaching is an important element in helping us to carry out our duty of care with regards to safeguarding. The DfE's statutory 'Keeping Children Safe in Education (Sep 2020)' guidance states that 'Governing bodies and proprietors should ensure that children are taught about safeguarding, including online safety.' In response to the child-on-child abuse updates to Section 5 of Keeping Children Safe in Education (DfE, 2022), our curriculum introduces and revisits ideas of personal boundaries, consent and communicating our boundaries with others. This prepares pupils for the challenges and responsibilities they will face in the future.

INTENT continued

Through the PSHE elements of our St. Andrew's CEVA Curriculum, our I-ASPIRE values can be covered and supported through.

Independence- children independently applying skills to develop the skills of critical thinkers and take responsibility for their actions. Children will have opportunities to face new challenges and share how these can be encountered positively.

Ambition- take risks, to have raised ambitions of what they can do and achieve throughout their academic and personal lives. Children will be given opportunities to focus on how to make informed choices about their health and wellbeing and to recognise sources of help for this.

Self-control- control emotions in difficult situations, coping with disappointment; develop a wide range of strategies to manage a range of situations that they may encounter in life. Through PSHE, children will be taught how to manage risks to their physical and emotional health and well-being.

Perseverance– building resilience and not giving up. Through PSHE, other subjects will be enhanced as pupils develop techniques and skills to support them in facing challenges with a positive attitude by collecting information, looking for helps and making responsible choices. There will be opportunities for children to be reflective about what has been successful and what needs further development.

Integrity– doing the right thing when no-one is watching. Children will be provided with opportunities to learn about rights and responsibilities as members of families, other groups and as citizens. They will learn how to develop and maintain a variety of healthy relationships within a range of social and cultural contexts.

Responsibility– being a model citizen, contributing and understanding all actions have consequences. Working collaboratively, the children will have the opportunities to reflect upon their actions and those of others. Through PSHE, children will be taught about respect for the self and others and the importance of responsible behaviours and actions. They will also be taught of the importance of respecting and protecting the environment.

Empathy– understanding the views and beliefs of others. Through, P4C and PSHE sessions children will have opportunities to reflect on spiritual, moral, social and cultural issues to gain an understanding of other people's experiences.

At St. Andrew's, we know that children learn in a variety of different ways, therefore, they are given opportunities to work independently and with others. Our delivery of PSHE supports these elements. We believe that the children need the chance to explore and investigate together to develop concepts as well as embedding basic skills, knowledge and understanding through regular individual practice.

Our PSHE curriculum provides opportunities to engage, inspire and challenge pupils, equipping them with the knowledge, skills and attributes they need to keep themselves healthy and safe preparing them for life in modern Britain. As the children progress through the school, they should be able to think critically and develop a range of strategies to achieve their academic potential, and leave the school equipped with the skills they will need throughout later life.

IMPLEMENTATION

St. Andrew's CEVA Primary PSHE scheme is a whole school approach that consists of three areas of learning in EYFS: Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.

EYFS:

- Self-regulation
- Building relationships
- Managing self

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme. The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme. The scheme supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. In key stage 1 and 2, there is an introductory lesson at the start of each year group which provides the opportunity for children and teachers to negotiate ground rules for the lessons. These introductory lessons can then be referred to throughout the year to help create a safe environment. All lessons include ideas for differentiation to stretch the most able learners and give additional support to those who need it. Many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in.

There are meaningful opportunities for cross-curricular learning, in particular with Computing for online safety and Science for growing, nutrition, teeth, diet and lifestyle. The scheme provides consistent messages throughout the age ranges including how and where to access help.

IMPLEMENTATION continued

The role of parents and carers is recognised, and guidance is provided to assist schools on how to work with them and include them in their children's learning.

St. Andrew's CEVA Primary PSHE scheme also includes documentation related to the implementation of the curriculum:

- Long-term plans outlining the learning within each year group.
- Statutory guidance mapping illustrating how the units of lessons deliver the learning required within the Statutory guidance for Relationships, Sex and Health Education.
- RSE & PSHE Progression of skills and knowledge.
- Protected characteristics mapping.

Other documentation related to the implementation of the curriculum:

- Protected characteristics mapping.
- SMSC, Personal development and British values mapping.
- Education for a connected world mapping (alongside our Computing scheme).
- Keeping children safe in education: Child on Child Sexual harassment knowledge outcomes and mapping.

IMPACT

Each lesson within St. Andrew's CEVA Primary PSHE scheme features assessment guidance, helping teachers to identify whether pupils have met, exceeded, or failed to meet the desired learning intentions for that lesson.

Each unit of lessons comes with an Assessment quiz and Knowledge catcher. The quiz contains 10 questions, nine of which are multiple-choice and can be used either at the end of the unit or at both the start and the end to help measure progress and identify any gaps in learning. The Knowledge catchers list some of the lesson titles in mind-map or table format and can be used at the start of a unit to see what the children already know and to inform planning, and then pupils can revisit the same version of the Knowledge catcher at the end of the unit to add what else they now know, further demonstrating their progression in learning.

Once taught the full scheme, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilise their learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed.