



PHYSICAL EDUCATION

Intent, Implementation and Impact Statement



INTENT

St Andrew's CEVA Primary's Physical Education scheme of work aims to inspire pupils to become healthy, active and physically literate members of the community.

Through our scheme of work, we aim to build an awareness of how the skills they are developing can be applied to a wide range of games and activities, which as they get older they can apply to an increasing amount of team and individual sports.

We hope to encourage pupils to become , active citizens who will have the skills to contribute to and improve the world around them.

Our scheme supports the National Curriculum by ensuring that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

During their time here, all children no matter their athletic ability will receive multiple opportunities to represent the school at an appropriate level of competition. This enhances pride in the school and promotes self esteem and inclusion.

St. Andrew's Primary's Physical Education scheme of work enables pupils to meet the end of key stage attainment targets in the National Curriculum.

For EYFS, the activities allow pupils to work towards the 'Physical Development' Development matters statements and Early learning goals in both gross and fine motor skills, while also providing a foundation in the Fundamental Movement skills and Multi-Ability cogs that will underpin their learning in Key stage 1.



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IMPLEMENTATION

The National St. Andrew's CEVA Primary's Physical Education scheme has a clear progression of skills and knowledge. The **Real PE** scheme used is fully aligned to National Curriculum, Curriculum for Wales, Ofsted and Estyn requirements. It focuses on the development of agility, balance and coordination, healthy competition and cooperative learning through a unique approach to teaching and learning in PE.

All children receive the minimum of two hours timetabled PE per week. In addition to this there are various clubs, before and after school, run by external providers and school staff. St. Andrew's also provides a comprehensive competition calendar for children to represent the school at an appropriately competitive level.

Our Progression of skills and knowledge shows the skills taught within each year group and how these develop to ensure that attainment targets are securely met by the end of each key stage.

Our scheme is a spiral curriculum, with essential fundamental movement skills and multi ability cogs revisited with increasing complexity, allowing pupils to revise and build on their previous learning. children's understanding of key concepts.

The EYFS units provide a solid foundation of fundamental movement skills and for children to transition successfully onto Key stage 1 Physical Education lessons, whilst also working towards the Development Matters statements and Early Learning Goals relating to both Gross and Fine Motor Skills.

Lessons incorporate various teaching strategies from independent tasks to paired and group work. This variety means that lessons are engaging and appeal to those with a variety of learning styles. Knowledge organisers for each unit support pupils in building a foundation of factual knowledge by encouraging recall of key skills and vocabulary.



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IMPACT

A focus on acquiring fundamental movement skills and the REAL PE multi-ability approach to learning will allow teachers to assess children against the National Curriculum expectations for Physical Education. The impact of St. Andrew's CEVA Primary's scheme can be constantly monitored through both formative and summative assessment opportunities.

Each lesson includes opportunities for teachers to assess pupils against the learning objectives. Opportunities for children to talk about their work will be included in all lessons, with a focus on children recognising the effects and impact of the skills they are developing and how they can be applied into a range of concepts.

After experiencing Physical Education at St. Andrew's CEVA Primary, pupils should leave school equipped with a range of skills and knowledge. The expected impact of following our Physical Education scheme of work is that children will:

In Key stage 1:

- Develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- Be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils should be taught to:
- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- Participate in team games, developing simple tactics for attacking and defending □ perform dances using simple movement patterns.



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In Key stage 2:

- Continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.